



Snack & Celebration

GUIDELINES

At Wee Love Preschool, we prioritize healthy snacks and mindful celebrations. Here's what you need to know:

- **Snack Time:** Each class follows a two-component snack guideline. Snacks must be store-bought, with individually packaged produce or fruit, or brought in for staff to wash and cut.
- **Food Choices:** We promote dye-free foods ([link](#)) and treats. For our full snack policy, including charges for forgotten snacks, please refer to our Parent and Guardian Handbook ([link](#)).
- **Birthdays:** Children celebrate their birthdays on the nearest available date or their half-birthday for summer birthdays. Treats like cupcakes or cookies are not allowed; we adhere to the two-component snack guideline ([link](#)).
- **Gratitude Practice:** During snack time, children share something related to a daily gratitude prompt or song. This fosters community and encourages mindfulness, with benefits such as improved mood and resilience.
- **Special Celebrations:** We celebrate various holidays and events throughout the year. Details about special treats will be communicated ahead of time, ensuring they align with our guidelines.